



(Thanks to Sven Kramer for the banner)

A big welcome to new readers. Please feel free to join in by sending suggestions, questions, letters, photos etc...anything Russ related. News this month about Russ's CD. Fingers crossed that we will be hearing it soon.

Sue

THIS MONTH

Russ: *"April seemed to come and go really quickly, however, it could have been the fact I was in the studio most of the time and time goes so fast while recording. I put down a lot of ideas, so, I do intend to release plenty of music in the coming years...I hear you say, "So, when are you going to release 'Its Good To Be Here?'"*

There have been one or two changes to my plans - You probably know UMU planned to release the hard copy but to be honest, UMU are getting more and more into concert promotion and I suggested to PETER ROSS, Boss of UMU, that I should release it myself and he was open to that...The good thing is, because it's taken so long, I'm releasing some new tunes...Sorry for taking so long, Guys...Watch this space."

THOUGHT FOR THE MONTH

Russ: "*'Use it or lose it'* - *The idea that if you do something regularly it stays with you...*

Did you see the runner that took part in the Marathon? He was 101 years old...it goes to show what is possible...I so often hear people say, "Oh you're too old to do this or that" Don't be a slave to your senses...or other people's."

PHOTO

From 2016 UK tour



(Photo by Brian Barry)

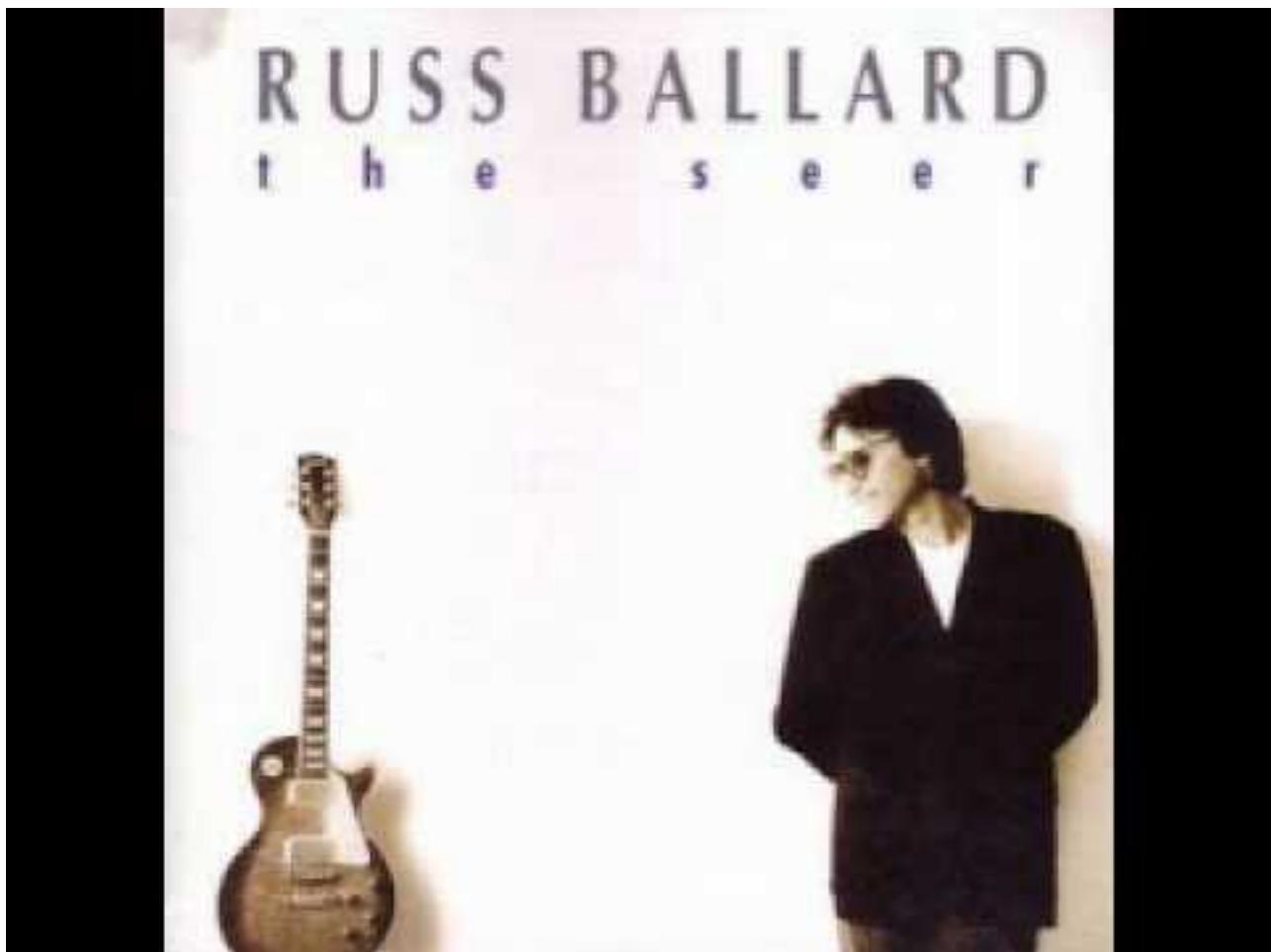
QUESTION

Have you ever faced the mystical, inexplicable incidents or events? What is your attitude to paranormal occurrences and how it connected with your belief in God?

Russ: "Yes, I have had mystical incidents in my life...I had an experience of Faith Healing when I was fifteen. It could have been a coincidence that I felt better after my Mother contacted a Healer but I never knew she had spoken to him. That was weird.. I don't feel particularly Religious, although my Mother used to quote lots of stuff from the Bible that has stayed with me. The Healer and I became good friends sixteen years later."

Sue: A vague link, I know, but....

<https://youtu.be/IcJZl8dpt7U>



[Russ Ballard - The Healer](#)

[youtu.be](https://youtu.be/IcJZl8dpt7U)

From the Seer album

LETTERS

From Gianmaria Framarin

Irene, your drawing is WONDERFUL. ;-)

Hi there, Russ, I've been listening to the '20 questions' lately and I've realised we have quite a few things in common, really.

Apart from the fact that you're incredibly deep and open to all of us fans, I suppose this is what makes this thing special: we don't ever get any chance to chat to someone we admire, you seem to live in another planet compared to those 'showbiz stars', you place a lot of your energies in connecting to other human beings, this will never be forgotten and I love it, especially when I read your 'thoughts for the month': I always get something to think about from your thoughts, there's never any line that sounds rhetorical.

RECORDED BY OTHERS

A less known version of a much recorded song, Dream On. King Kobra was an American hard rock band founded by Ozzy Osbourne's drummer, Carmine Appice. This track was on their album, Thrill Of A Lifetime, released in 1986.

<https://youtu.be/TiPPmgQ-pIU>